

**SUTTER UNION HIGH SCHOOL
BREAKFAST & LUNCH MENU
AUGUST 28-SEPTEMBER 1, 2022**



**DAILY SPECIAL
BREAKFAST**

Monday, August 28

French Toast Sticks, Fruit, Milk

Tuesday, August 29

Sausage and Egg McMuffin, Fruit, Milk

Wednesday, August 30

Biscuits and Gravy, Fruit, Milk

Thursday, September 31

Waffles and Sausage Links, Fruit, Milk

Friday, September 1

Breakfast Burrito, Fruit, Milk

LUNCH

Monday, August 28

Corn Dogs and Chips, Fruit, Milk

Tuesday, August 29

Pulled Pork Sandwiches, Fruit, Milk

Wednesday, August 30

Spaghetti and Meatballs, Fries, Fruit, Milk

Thursday, September 31

Chicken Rice Bowl, Fruit, Milk

Friday, September 1

Homemade Pizza, Fruit, Milk

Weekly menu subject to change

STUDENTS HAVE A CHOICE OF SALAD OR SANDWICH BUNDLE IN REPLACE OF DAILY SPECIAL

**STUDENTS MUST CHOOSE ONE FROM
THE FOLLOWING TO MAKE A
COMPLETE BREAKFAST COMBO**

CHOOSE ONE OF EACH

GRAIN: MUFFIN, CEREAL, BAGEL

PROTEIN: STRING CHEESE, YOGURT, EGG

MILK: REGULAR, CHOCOLATE

FRUIT: FRESH FRUIT, JUICE OR FRUIT CUP

DAILY SALADS

ASSORTED LETTUCES, VEGETABLES AND
PROTEIN

DELI SANDWICH BUNDLE MEAL

MEAT-TURKEY BREAST, HAM, BUFFALO
CHICKEN, EGG SALAD

CHEESE-AMERICAN, SWISS, JACK

SERVED WITH LETTUCE, TOMATO, PICKLES
ON A ROLL

BAG OF CHIPS

**All meals include accompanying veggie, fruit
and 1% milk choice**







